



Booney Smith – Doulaography
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About Me

I moved to Surrey with my two young children 20 years ago. My daughter is now married and my son has recently finished University and is living in the US while he follows his dreams. I am lucky to live in a beautiful part of the world and I love my home, I also enjoy visiting friends in London and going to exhibitions. I worked in London in the fashion industry for many years before training to be a Doula.

Work

I have been practising as a Birth Doula since 2004 and am a registered member of Doula UK and Surrey and Middlesex Doulas. I also have Hypnobirthing training.

My objective is to give unreserved, non-judgmental support and guidance to all of my clients. First time mothers, mothers without family support around them, mothers of twins and mothers who want their partner to be supported - I cover all these roles.

It is vital for me to feel that you are protected, well informed and well supported in every way possible. To enable you and your partner to focus on this extraordinary event in your lives.

My experience has been very broad; I have worked in my local hospitals of Frimley Park and the Royal Surrey, all of the larger hospitals in London, in birth centres and in my client's homes... even in a yurt!

Over the years I have gathered many contacts covering a diverse range of fields from natural and holistic treatment such as Cranial Osteopathy, Optimal Fetal Positioning and Post-Partum Abdominal Wrapping to more conventional support such as Placenta Encapsulation and Stem Cell collection.

If you would like to meet me, we can arrange an initial meeting and if you decide to engage me, we will communicate by phone and email leading up to your due date. We can discuss hospital appointments, baby to-buy lists and I can also give advice on writing your birth plan.

My time is booked two weeks prior to the due date and 2 weeks after the birth. I am available at all times during this period. During the labour and birth I will stay with you and your partner for as long as you need me. In addition I can offer 3 days per week post-natal support for up to 6 weeks after the birth.

Training and Qualifications

Doula UK Registered Member since 2004

Nurturing Birth Training in 2009

KG Hypnobirthing Diploma in 2013, trained with Katherine Graves

Rewind Technique Training with Alex Heath 2016

Homeopathic Massage

Placenta Encapsulation guidance (IPEN)

Stem Cell collection guidance

Homeopathic Massage

Rebozo

MVP Group Member of Royal Surrey Hospital

Luna Hive Ambassador

CRB Checked / First Aid 2015 / Fully Insured

Client references can be provided on request